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Best Practice I

1. JOY OF GIVING.
2. Goal:

The chief aim of this best practice is to empower women. JOY OF GIVING aims at an attitudinal change among the students. It also enhances the community consciousness. It aims at sensitizing the students regarding the problems of their Peers. Since it is not mandatory, students voluntarily come forward to donate minimum one rupee and maximum of their choice. The title JOY OF GIVING appeals to the happy mood of the students and encourages them to donate. Ultimately, it aims at co-operation, co-ordination and happy co-existence among students. The teaching and non teaching staff also contribute to this fund .

3. The context:

Though the best practice JOY OF GIVING is the brain child of benevolent student friendly thoughts, its designing and implementation had its own contextual challenges for us to encounter though we regard it as an exposure and experience. After introducing and explaining the best practice JOY OF GIVING, the response of the students was encouraging and the response of the teaching and non teaching staff was so full of enthusiasm and generosity. The practice aimed not only at the empowerment of our students, but also an establishment of a helpline for the women's problems. This fund would be used to assist financially backward students and to solve any personal problems of our students in the college campus. Though the practice was introduced very recently, we are trying to recognise and solve the personal problems of our students.. The parents and visitors are also motivated towards this practice.

4. The Practice:

This best practice entitled JOY OF GIVING is a voluntary donating practice. The college has been practicing this 'JOY OF GIVING' since 2019. The Cultural Forum is in charge of this practice. It consists of the principal, as chairman, one senior faculty as a convenor, and one senior faculty and all the class representatives as members. The voluntary contribution from students/ teachers starts from minimum one rupee for students and some amount for teachers. The parents and visitors and the Alumni of our college also contribute to this fund. To collect the fund we have kept a locked box with the title of Joy of Giving in the corridor of the first floor which is convenient to the students and others to contribute. The students are supposed to contribute according to their convenience. The cultural forum opens the locked box once

in six months or when it is full in front of the principal and the members of the forum. Since we are in the budding stage, we cannot expect much amount, hence the collected amount is kept by the Forum in the form of cash. In the coming years, we link up with the bank account. This 'JOY OF GIVING' fund is used for the solution of the various problems of the students. Students come to the forum with academic, personal, financial and other problems. The Forum listens to the problems of the students and solves the problems on priority basis. When the students are involved in this process it enables them to acquire qualities like courage, mercy, fighting spirit and joy to ensure justice.

- Our students practically jump into the area to adopt life skills. The practice in its procedure trains the students to lead an ideal life with freedom, courage and responsibility. A separate account book, register and files are maintained to document the procedure. The Forum handles the cases of the college students very easily and comfortably.

5. Evidence of Success:

The clear evidence of success in this best practice JOY OF GIVING is seen in the very successful collection of money and the judicious use of the same for this noble purpose. Our target is to empower our students through academic, financial, and moral support. By this practice, our students are motivated and we have succeeded in minimizing the dropout rates. This type of practices helped to maintain the stable strength of the students. The students who come with economic problems are given financial help at the time of admission and solved their personal health problems. Counselling and psychological counselling are made available for the needy students by their respective class teachers. Many unique cases have been handled with utmost care and diligence. The visitors, parents, and the Alumni of our college appreciated this practice and contributed to this fund. This motivates our present students to contribute more.

"Joy of giving is impactful only if it is done for the welfare of every class and by this event we wanted to reach out to the maximum number of students "

6. Problems Encountered and Resources Required:

As we are in the budding stage of this practice, we are facing the problem of collection of funds to meet the actual requirements and the maintenance of fund through the bank account. In the beginning some of the students opposed to contribute to the fund without realising the actual situation. Apart from these no other problems have been encountered.

No other information relevant to this practice


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Best Practice II

01 YOU ARE NOT ALONE: The title itself is heart-touching. The problem of many individuals is the feeling of being alone in the group. Specially the teenage students are suffering from this loneliness, insecurity and lack of love and affection. So it is the need of the hour to provide a moral, emotional, academic and personal support. The staff renders solid support to the students through the soothing words 'Words can make life' Words have the power to heal the soul like a hug.

02. Objective: The aim of this best practice is to provide a strong academic, personal and moral support to our students. It aims at removing the meaningless FEAR in their lives, So that they can lead an ideal life with enough freedom, courage, love and respect. The staff render solid support to the students in all aspects. Our programmes are aimed at Women empowerment. All delicate issues are handled under this practice. The practice aims at providing a strong counselling to the students regarding love, marriage, and divorce issues which escape our notice and sometimes purpose fully hidden from elders and teachers.

03. The context :- Dealing with the teenage problems itself is a very challenging task. Since this practice concentrates on the non-academic, personal and teenage problems of girls designing and implementing the practice is very carefully and brilliantly handled. Girls are bound to get attracted towards various matters like love, sex, elopement, marriage etc. The college considers these issues quite seriously and has decided to counsel such students very diligently through this best practice entitled 'YOU ARE NOT ALONE'. This best practice is looked after by Women Cell and sexual Harassment Cell with the co operation of all the teaching and non teaching staff. To handle these issues the women cell arranges various guest lecture programmes on personality development, skill development, how to face the problems of women and etc.

04. The Practice :- Entering into the personal lives of the students is known to be very precarious, critical, sometimes, dangerous also. Curbing their mobile usage in the college campus is another challenging task. The necessity and freedom to use mobiles can lead to unnecessary problems like chatting with boy friends which lead to many more problems. Controlling this activity and segregating necessary and unnecessary phone calls is a real challenge. Celebrating Valentine's Day without any in depth knowledge and purpose is another big craze of today's youth. On the whole the entire issue is quite sensitive and needs to be handled skilfully. The best practice "YOU ARE NOT ALONE" is a novel venture which attempts at streamlining the students academic, non academic, personal and lives. Keeping in view the tendencies of today's youth the practice concentrates on building a strong moral foundation for their future lives. The responsibility of this practice is looked after by Women Cell with the cooperation of all the staff members. The women Cell arranges special lectures,

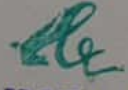
counselling, psychological counselling, legal counselling & friendly advice sessions to the needy girls regarding important matters like, teenage problems, eve teasing, marital / conjugal problems, mobile mania, and other delicate issues.

Some of the students in our college are married and several of them have marital problems, domestic violence and problems of divorces. The general guidance is given in such issues through special lectures by experts in women studies, legal issues, medical /health issues etc. If needed Counselling is also done by the Women Cell. By keeping the rural students in mind we have arranged special rack facilities to each class to keep their mobile and the responsibility of maintenance is given to the class representatives.

05. Evidence of success :- The success of this practice lies in the fact that most of the students have realized their mistakes and solved their problems, with our support and suggestions .We have arranged the guest lectures, counselling and legal counselling and conversation with the lady doctors and advocates successfully. All the students actively participated in the conversation and found solution to their problems. Some of the students realised their mistakes. With the influence of this practice most of the students give up the habit of bringing mobiles to the college.

By rigorous practice and strict evaluation of all these programmes, we have ensured that the best practices of the institution have been internalized.

06. problem encountered and resources required :-The important problem is that some of the students hesitated to express their personal problems regarding sensitive issues. In the modern Information communication technology era, it has become inevitable to use the mobiles. The using of mobiles for only academic purposes is left to their choice. Apart from the above, no other problems have been encountered.


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